

# Welcome to St Philip's

The Anglican Church of St Philip's O'Connor, Canberra, ACT, Australia  
We are delighted you are here (especially visitors on the web!)

Visitors are welcome to receive Holy Communion  
Services on Sunday: Holy Communion 8am and 10am. Wednesday 10am

## **Administration of Communion Wine**

At 10.00am Communion the bread is administered, then the small cup for intinction (dipping)  
The two common cups for sipping will follow

Priest: Rev. Rob Lamerton. Ph 62478004 Fax 62307775  
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P.O. Box 6022 O'CONNOR A.C.T. 2602

Wardens: Chris Cheah, Janine Studholme, Devin Comb Bowles [Newsletters](#) | [concert next Sunday](#) | [CAMRA](#) |

**Sunday 25 July 2004**  
**Eighth Sunday after Pentecost**



"Knock and it shall be opened to you."

## 8.00am & 10.00am - Holy Communion

### Readings:

- Hosea 1: 2-10
- Psalm 85
- Colossians 2: 6-15 (16-19)
- Luke 11.1-13

Hymns: Together in Song: 168, 590 (tune Scarlet Ribbons), 130, 465  
(for blessing), 613

Organist: Colin Forbes

### From Rob

Hi Everyone,

Following our survey of some months ago about the use of an "Intinction Cup " it has been agreed that we continue the current practice but with some minor variations at the 10.00am Eucharist.

With the understanding that the receiving of Holy Communion is highly valued as an expression of God's Grace in our midst it is important that we do it with care. Administering Holy Communion in both kinds (bread and wine) needs to be done with dignity and "decently and in order" to give the sacrament the reverence we value. In order to do this it is important that we have some generally understood and agreed format so we are not bumping into each other and treading on toes at a time when we are pondering and meditating the meaning of the Body and Blood of Christ given for us.

The format for receiving Communion at 8.00am will not change.

At 10.00am Holy Communion:

- The bread will be administered first.
- The Intinction Cup will follow.

- The two Common Cups will then be administered.

If you receive the wine from the intinction cup please remain kneeling or standing at the altar rail until the two common or sipping cups have passed you and the person second from you has taken the wine. This allows two things: each person is able to have the personal and spiritual space to meditate on the meaning of the blood of Christ AND there is no danger of bumping or being bumped as people attempt to sip from the cup. It sounds complicated but within a short time it will become second nature.

The three issues dominating the news this week have been the reports on the Intelligence and the organizations which oversee it in Australia and the USA, the Athens Olympics and drug cheats as well as the Kangaroo cull! As much as I love my sport I do wonder how much value the Olympics are when there seems to be a complete imbalance in participation between rich and poor nations. Does the Olympic organization only accentuate the disparity? Then when I hear that there is an official for every two athletes I cannot help but compare that to the original Olympic games and wonder what the world has created!

Rob Lamerton

## NOTICES

Rachmaninov Vespers St Philip's Sunday 1st August 2.30pm

Performed by the Oriana Chorale conducted by Sally McRae with Associate Artist Rowan Harvey Martin. Leaflets available.

[see details](#)

Amanda Forbes' Farewell Recital on Saturday 21st August.

See: [Amanda Farewell.html](#)

Having made her mark here at St Philip's as a soloist and with 'Cantare' Amanda has gone from strength to strength in her studies and singing career. Amanda won the Dame Joan Sutherland Society of Sydney Award as well as the Australian National Operatic Aria in

2003. Amanda is now heading to London to study at The Royal Academy. We are blessed to have Amanda performing her farewell recital at St Philip's on Saturday 21st August at 8.00pm. Works will include those by Samuel Barber, Mozart and Handel. Leaflets are in the porch.

Adults \$30, Concessions \$25 Card-carrying students \$20 Bookings 02 6249 6067

## Mid Winter Lunch - Today in the Hall

All welcome. Admission \$5 per person or \$10 a family to raise funds for our Parish Mission Projects.

PLEASE REMEMBER THAT FOR HEALTH REASONS THE KINDERGARTEN HALL IS A PEANUT FREE ZONE!!!

(We are requested to avoid the use of peanuts and peanut products when using the hall for meals.)

## MEAL, STUDY AND MEDITATION Thursday night 6.00pm at the Rectory.

Those bringing food should coordinate with the host.

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Catherine Oloo, wife of the "Wonderful Washington", is trying to earn some money to put towards her planned visit back to Kenya at the end of this year to reunite with their five children. She is looking for work cleaning houses and charges \$15 per hour. If anyone knows of any vacancies in this area, please contact Catherine on 6254 1084.

## Christmas Bowl

Ray Williamson from the National Council of Churches writes to encourage us to remember the Christmas Bowl even in the middle of the year.

"Recently, the National Council of Churches in Australia announced that it has made an initial contribution of \$15,000 to an appeal to assist the response to the crisis in Darfur.

The Darfur Province in Western Sudan is home to some six million nomads and farmers. It is estimated that there are over two million conflict-affected people there in need of emergency support. The UN and humanitarian agencies have described the situation as one of the world's worst humanitarian crises. This appeal to which Christmas Bowl funds have contributed is the first formal joint appeal between Protestant, Orthodox and Catholic churches in Darfur."

### WE PRAY FOR:

Ashton Robinson in Iraq

Give thanks for healing: Noah James Palethorpe and pray for his continued growth.

Those in need of healing: Colin Forbes, Shirley Barrett, Eric Mahoney, Linda Kennedy, Bryan Little, Ruth Horn (Elizabeth Sillano's mother), Zana, Sarona, Merv McInnes, Paul Mitchell, Athol and Thelma Barratt, Mira Barratt, Yoko and Jutaro Murase.

The Departed: Mary Magdalene, James, Apostle and Martyr

### TODAY'S ROSTER:

Cleaning: Rhyanna and Amanda Tarlington

Flowers: Colleen Rischbieth

Readers 8am: 1st Joyce Webster 2nd Shane Woodburn

10am: 1st Richard Wade 2nd Linda Anchell

Sidespersons:

8am: Ian Rischbieth

10am: Helen Palethorpe and Tim or Sarah Gowty

Morning Tea: 10am Ann, Bridget and Claire

## THIS WEEK

Monday: Rob's day off

Tuesday-Friday: 8am: Morning Prayer 5pm: Evening Prayer Tuesday:

10.30am: Kankinya Holy Communion

Wednesday 10am Holy Communion

Thursday: 6.00pm Meal, Study and Meditation - Rectory

Friday: 10.00am -1.00pm Pandora's Open

Saturday: 10am -1.00pm Pandora's Open

## SUNDAY 1st August 2004

8am and 10am Holy Communion

Readings:

- Hosea 11:1-11
- Ps 107: 1-9, 43
- Colossians 3: 1-11
- Luke 12: 13-21

Rosters:

Cleaning: Pat Forbes

Flowers: Sandra Lamerton

Readers 8am: 1st Devin Comb Bowles 2nd John Girdlestone

10am: 1st Beryl Holder 2nd Chris Cheah

Sidespersons:

8am: Ian Rischbieth

10am: Rodger Sharp and Chris Cheah

Morning Tea: 10am Dimitri and helpers

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Weekly Offering Required \$1565

Offerings banked 20/7/04 Envelopes and Loose \$603.50, EFT \$345

Pandora's \$110, Anglicare \$50

Food for food parcels may be placed in the basket. With thanks!

Please take a pewsheet home and pass one on to someone else.

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This web site is designed and maintained by Linda Anchell. [lindafrdATpcug.org.au](mailto:lindafrdATpcug.org.au)