

# Welcome to St Philip's

The Anglican Church of St Philip's O'Connor, Canberra, ACT, Australia  
We are delighted you are here (especially visitors on the web!)

Visitors are welcome to receive Holy Communion

*At 10.00am Communion bread is administered first, then the small cup for intinction (dipping). The two common cups for sipping follow.*

Services on Sunday: 8am and 10am Eucharist, Wednesday HC 10am

The vision of St. Philip's is to be a caring, Christian community which honours and embraces difference, and offers a place to celebrate and grow spiritually in the Anglican tradition.

[Recipe from the Quiet Day](#) (Chris' Yoghurt and Barley soup.)

## **Sunday 30th July 2006 EIGHTH SUNDAY AFTER PENTECOST**

### **Gaza Anglican Hospital Appeal**

**Emergency funds are needed for Al Ahli Hospital in Gaza in the current crisis.**

**Funds will be used for medicines, food, trauma recovery and generator fuel.**

**Call AnglicORD on 1800 249 880 or ABM on 1300 302 663**

**For more information or donate on line**

**[www.anglicord.org.au](http://www.anglicord.org.au) . [www.abm.asn.au](http://www.abm.asn.au)**

**[Download](#) the report of the Archbishop in Jerusalem and the Middle East.**

**(a rich text file [Gaza Appeal.rtf](#) 21KB)**

**More information at ABM**

**[http://www.abmission.org/middle\\_east\\_church.html](http://www.abmission.org/middle_east_church.html)**



**8am Eucharist**  
**10am Eucharist**

*The service begins on page 119 of the Green Prayer book*

Readings:

- 2 Samuel 11: 1-15
- Psalm 148
- Ephesians 3: 14-21
- John 6:1-21

**Organist/Pianist:** David Craddock (many thanks David!)  
**Hymns (Together in Song):** 275, 427, 658,122

*Food for food parcels may be placed in the basket! With thanks!*

*Dear Everyone,*

*Since Rob and Sandy have sent us another e-mail from England I thought I would take a small break and offer some selected readings from our incumbent rector and Sandy. The full e-mail is on the notice board.*

Hi everyone!

We hope this reaches you all 'In the Pink'.....happy, that is.....not pink & red from the cold!! Being pink & red is unavoidable for us here presently, because we're in the midst of a heat wave and the humidity is awful.....an unusually high 37 degrees expected today! Railway tracks keep buckling causing long train delays and elderly folk are suffering BUT plenty of 'mad dogs & Englishmen' are out in it, people are sun-baking in parks etc. and hats are rare!

We've been moved by the confrontation of history everywhere. In Egham and close by Runnymede — the birth of democracy by the signing of the Magna Carta in 1215. In many places seeing the distressing results of Henry VIII's dissolution of abbeys in 1539 (the destruction of those magnificent buildings & sacking of religious orders caused a lot of blood to flow, death & starvation) and 100years later, Oliver Cromwell ordering the defacing & destruction in cathedrals.....praying hands & noses etc. smashed from magnificent tombs, carvings & walls..... everywhere in cathedrals remains of the damage has been left for visitors to see. The population was so much smaller, and so many were destroyed by the sword. Finally seeing evidence of WWII carnage in Germany (Frankfurt) and England (Coventry), the RAF memorial high on a peaceful hill to the thousands of air-men without a grave-stone. The power and destruction by war is still being seen by leaders as the way forward.....lots to think about! German youth came to Coventry to help with the establishment of a reconciliation space in the burnt out cathedral, and the bishop of Berlin was invited to come to Coventry to bless the space. Youth from Britain went to Germany to help in reconstruction programs after the horrific events finished. The goodness in people and desire for peace is strongest.....so why?

Pray for us as we do for you. Our love to you all!

Rob & Sandy

*I am delighted to welcome Chris Cheah to the pulpit again today  
Have a great week everyone*

*Peace and Blessings*

*Rebecca Newland*

**Weekly Offering/Income needed to operate our Parish \$1455 per week**

(excluding rental income)

Offerings received 23rd July 2006: \$1076 + EFT \$400 = \$1476 No Shortfall!

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## Notices

### **Twilight Fair 3pm - 7pm 11 November 2006**

104 days to go! Please see the notice board today for current details.

### **Gospel Service**

After the success of the last Gospel service that incorporated black American Gospel music, the liturgy team has decided to hold a similar service once a term.

The next one is to be held on the 20th of August. The theme is "Christ brings light." Invite all your friends! Tell your workmates! The music is wonderful and the energy fantastic.

### **Parish Dinner — Saturday 26th August**

Launch of the Twilight Fair and the **Turning On of the Angel Lights!!!**  
More details soon.

### **Child Protection Workshops**

St John's Reid, Tuesday the 16th September, 10am to 4pm. If you still need to do the Diocesan mandatory child protection workshop please consider putting the above workshop in your diary. The parish will cover the cost of the workshop and if you need a baby sitter please contact Rebecca to arrange some help.

### **Reading Reflections**

On the 1st and 3rd Sundays of the month at 12.00pm a time has been set aside for a look at the day's readings. It is a time to reflect more deeply on the readings, to share with friends and to build faith and community.

### **Social Justice Expo**

Saturday 12th of August 9.00 am — 4.30pm. Australian Centre for Christianity and Culture, Barton. This event is an opportunity to help people explore ways we can live with integrity, compassion and justice in our world. Presenters include Dr. Robert Fitzgerald AM, Sister Jane Keogh, Justice Ken Crispin and Ms Lin Hadfield Dodds. Registrations close Monday 31st of July. Ph 02 8838 8910 [elm@nsw.uca.org.au](mailto:elm@nsw.uca.org.au)

### **Advance Notice — Liturgy Team meeting Sunday 13th August)**

**Theology and Life: Canberra Churches Centre Lectures**  
**Bishop George Browning, Anglican Diocese of Canberra and Goulburn**

**"Can the Tree of Life Survive Climate Change?"**

**7.30pm Tuesday 8 August 2006**

## Ministry teams at St Philip's

### Team

Pastoral  
Maintenance  
Youth and Children  
Liturgy  
Social

### Co-ordinator

Denise Manley  
Roger Sharpe  
Richard Wade  
Rebecca Newland  
Ann Munro



### WE PRAY FOR:

**The World:** For peace and stability in Palestine and Israel, Iraq, Afghanistan, the Solomon Islands, East Timor and Nepal, and for justice in Myanmar. For an end to the violence in Lebanon. For all refugees. For unity between all Christians and Christian churches.

**In Australia:** For wisdom for Australian authorities dealing with Asylum Seekers. (See the [Refugee Action Committee](#) web site) For Aboriginal communities and for reconciliation.

**Northbourne Community Centre:** For Robin and her helpers, and those who attend the centre.

**Those in need of healing:** Michael Cockayne, Roy Ayrton, Tony Kildea, Beryl Collins (Denise's mother), Corey Jansen, June Axelsen, Jill Scott, Yoko and Jutaro Murase, Val Reeves, Ian Wright, Guy Lucas, Linda Kennedy, Ruth Horn, Sarona, Merv McInnes, Mira Barratt.

**The Departed:** Michael Gamble d. 24/7/97, Portia Vincent d. 26/7/90, Ellen Elizabeth Mahony d. 29/7/2000

**The Saints:** Joseph of Arimathea; Ignatius Loyola, priest, founder of the Society of Jesus (d.1556); Holy Men and Women of the Old Testament; Stephen; John Baptist Vianney (parish priest of Ars,

France) (d.1895); Oswald, king and martyr (d. 642);

On the web: [Anglican Cycle of Prayer](#) and the [Diocesan Cycle of Prayer](#)

### THIS WEEK

- **Monday to Wednesday** 8.30am Morning Prayer, 5pm Evening Prayer
- **Tuesday** 10.30am Kankinya Holy Communion  
5:30 - 6:30pm: Christian Meditation
- **Wednesday** 10am Holy Communion
- **Friday** Rebecca's Day Off
- **Friday** 10am - 1pm Pandora's Open — Margaret Woodbridge & Fay Pankhurst
- **Saturday** 10am-1pm Pandora's Open — Beryl Blasseotto & Ian Cousins

### SUNDAY 6th August 2006 8.00am & 10.00am Eucharist

Readings:

- 2 Samuel 11: 26-12:13
- Psalm 51:1-12
- Ephesians 4: 1-16
- John 6:24-35

#### **Rosters:**

Cleaning: Leighton, Ruth & Zara

Flowers: Colleen Rischbieth

Readers:

8am: Devin Combs Bowles

10am: 1st Beryl Holder, 2nd Chris Cheah

Sidespersons:

8am: John Girdlestone

10am: Chris Cheah & [Roger Sharpe]

Morning Tea

10am Volunteers please

*Pandora's)*

Coming up: The August \$2 SALE!

Priest: Rev. Rebecca Newland. Ph 6161 7334 Fax 6161 7322

e-mail [stphil@grapevine.com.au](mailto:stphil@grapevine.com.au)

website: <http://www.stphilipsoconnor.org.au/>

P.O. Box 6022 O'CONNOR A.C.T. 2602

Wardens: Denise Manley, Elizabeth Allinson and Hardy Palethorpe

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This was the soup which Chris cooked for the parish Day at Burra.  
yummy!

## NEW RECIPES FROM MOOSEWOOD RESTAURANT

### Yogurt Barley Soup

Serves 4 to 6

This appealing Middle Eastern soup is a little tart and brightened with fresh mint.

2/3 cup uncooked barley

2 1/2 cups of cooked barley and 3 cups of stock or water may be substituted for the uncooked barley.

5 cups Vegetable Stock or water

2 tablespoons butter

2 cups chopped onions

1 medium carrot, diced

1 tablespoon chopped fresh mint (1/2 teaspoon dried)

1 1/2 teaspoons salt

black pepper to taste

2 cups plain yogurt

2 tablespoons minced fresh parsley

Combine the barley and stock or water in a soup pot and bring to a boil. Simmer the barley, covered, while preparing the vegetables in a separate pan.

Saute the onions in the butter until translucent. Add the carrots and continue to cook, stirring frequently, until the carrots are tender. Add

a little water if necessary to prevent the vegetables from sticking.

When the barley is tender, add the vegetables, mint, and seasonings to the soup pot. Simmer for an additional 10 minutes, then stir in the yogurt and parsley. Carefully warm the soup on low heat, adding more stock if it is too thick.

This soup tastes even better the next day, but reheat it gently, or the yoghurt will curdle. As the barley cooks, and later as it cools, it releases starch which thickens the soup. If the soup becomes too thick, add more stock or water to thin it.

Yogurt Barley Soup works well as part of a Middle Eastern style array of foods olives, tomatoes, hard-boiled eggs, and pita with spreads.