



St Philip's *Come & See*

email: comeandsee@stphilipsoconnor.org.au

www.stphilipsoconnor.org.au

ph: 02 6161 7334

 [@stphilipsoconnor](https://www.facebook.com/stphilipsoconnor)

Sunday 14 March 2021 *Fourth Sunday in Lent*

While the COVID19 restrictions are in place St Philip's is delighted to be celebrating the Eucharist online on [Facebook](#) at 8.00am this morning. It will then be available on either our [YouTube channel](#) or [Facebook](#). All links and details are on our web page www.stphilipsoconnor.org.au



The Brazen Serpent Monument atop Mount Nebo in Jordan, is a serpentine cross sculpture created by Italian artist Giovanni Fantoni. It incorporates the bronze serpent created by Moses, the pillar of fire which led the people of God through the darkness of the wilderness, and the crucifixion of Christ.

Dear Friends,

When our Eucharist went to air last Sunday on Facebook a portion of the audio was muted. Apparently we had breached copyright because we had included music we 'did not own.' The piece that was cited by Facebook was the Second Movement, the Minuet, of the Sonata in G Opus 49 No.2 by a group known as 'The City Crew!' It was of course by Beethoven whose compositions are in the public domain, Beethoven having been dead – apparently, for a number of years! So much for artificial intelligence! I wonder if this is a part of the modern day 'wisdom' that St Paul railed against and founding wanting.

Next Saturday we will meet at The Gathering Place for our Lenten Quiet Day. Fr Martin Davies will take us into the desert with the fathers and Mothers of the 4th and 5th centuries to discover some real wisdom. I hope that many of you can come along. Sarah Boddington will be helping us learn to rest and to meditate and see things anew. It is a day which promises much.

In this week's studies Dr Colin Dundon writes about healing. 'Human healing' he says, 'requires the wonders of modern medicine as a necessary component. That is a product of our role as stewards of God's created order. But we also know that often people require more for their healing; friendship, family, acceptance, love, meaning, joy and peaceful space. How can we become God's covenant partners in the healing he seeks in his creation?'

Last Saturday we were able once again to offer ministry to the folk at Canberra Aged Care (formerly Kankinya). I was reminded while I was there of the importance of a holistic approach to care. Many of the residents were so grateful that we are able to come among them and offer the opportunity to worship and make communion and to provide care. Unfortunately whilst isolation has been necessary to protect vulnerable folk from infection, it has left many feeling lonely and comfortless.

Every blessing *Martin*

0478 619 911

rector@stphilipsoconnor.org.au

Entrance Antiphon [Introit]

The Son of Man must be lifted up, that whoever believes in him may have eternal life

John 3:14-15

In the name of the Father ✠ and of the Son, and of the Holy Spirit.

The Lord be with you.

And also with you.

Let us pray.

Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name, through Christ our Lord. Amen.

Compassion and forgiveness belong to the Lord our God, though we have rebelled and wandered far off.

Let us then ask for mercy, confessing our sins in penitence and faith.

Merciful God, our maker and our judge, we have sinned against you in thought, word, and deed, and in what we have failed to do: we have not loved you with our whole heart; we have not loved our neighbours as ourselves; we repent, and are sorry for all our sins. Father, forgive us. Strengthen us to love and obey you in newness of life; through Jesus Christ our Lord. Amen.

Almighty God, who has promised forgiveness to all who turn to him in faith: pardon you ☐☐and set

you free from all your sins, strengthen you in all goodness and keep you in eternal life, through Jesus Christ our Lord. **Amen.**

**Lord have mercy
Christ have mercy
Lord have mercy**

**Holy God,
holy and mighty,
holy and immortal,
have mercy on us.**

Prayer of the Day

Let us pray:

Everlasting God

in whom we live and move and have our being,

you have made us for yourself,

and our hearts are restless until they find their rest in you:

give us purity of heart and strength of purpose,

that no selfish passion may hinder us

from knowing your will,

no weakness prevent us from doing it;

that in your light we may see light,

and your service find perfect freedom;

through Jesus Christ our Lord,

who lives and reigns with you and the Holy Spirit,

one God, now and for ever.

Amen.

Today's Readings

A reading from the book of Numbers (21:4-9)

From Mount Hor they set out by the way to the Red Sea, to go around the land of Edom; but the people became impatient on the way. ⁵The people spoke against God and against Moses, 'Why have you brought us up out of Egypt to die in the wilderness? For there is no food and no water, and we detest this miserable food.' ⁶Then the Lord sent poisonous serpents among the people, and they bit the people, so that many Israelites died. ⁷The people came to Moses and said, 'We have sinned by speaking against the Lord and against you; pray to the Lord to take away the serpents from us.' So Moses prayed for the people. ⁸And the Lord said to Moses, 'Make a poisonous serpent, and set it on a pole; and everyone who is bitten shall look at it and live.' ⁹So Moses made a serpent of bronze, and put it upon a pole; and whenever a serpent bit someone, that person would look at the serpent of bronze and live.

Psalms 107:1-3, 17-22

O give thanks to the Lord, for he is good:

for his loving mercy is for ever.

Let the Lord's redeemed say so:

whom he has redeemed from the hand of the enemy,

And gathered in from every land, from the east and from the west:

from the north and from the south.

Fools were far gone in transgression:

and because of their sins were afflicted.

They sickened at any food:

and had come to the gates of death.

Then they cried to the Lord in their distress:

and he took them out of their trouble.

He sent his word and healed them:

and saved their life from the Pit.

Let them thank the Lord for his goodness:

and for the wonders that he does for the children of Adam;

Let them offer sacrifices of thanksgiving:
and tell what he has done with shouts of joy.

A reading from the letter of Paul to the Ephesians (2:1-10)

You were dead through the trespasses and sins ²in which you once lived, following the course of this world, following the ruler of the power of the air, the spirit that is now at work among those who are disobedient. ³All of us once lived among them in the passions of our flesh, following the desires of flesh and senses, and we were by nature children of wrath, like everyone else. ⁴But God, who is rich in mercy, out of the great love with which he loved us ⁵even when we were dead through our trespasses, made us alive together with Christ—by grace you have been saved— ⁶and raised us up with him and seated us with him in the heavenly places in Christ Jesus, ⁷so that in the ages to come he might show the immeasurable riches of his grace in kindness towards us in Christ Jesus. ⁸For by grace you have been saved through faith, and this is not your own doing; it is the gift of God— ⁹not the result of works, so that no one may boast. ¹⁰For we are what he has made us, created in Christ Jesus for good works, which God prepared beforehand to be our way of life.

The Gradual

Praise to you O Christ, king of eternal glory!

Praise to you O Christ, king of eternal glory!

Just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

John 3:14

Praise to you O Christ, king of eternal glory!

The Lord be with you.

And also with you.

The Gospel of our Lord Jesus Christ according to John (3:14-21)

Glory to you Lord Jesus Christ.

And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, ¹⁵that whoever believes in him may have eternal life.

¹⁶ 'For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. ¹⁷ 'Indeed, God did not send the Son into the world to condemn the world,

but in order that the world might be saved through him. ¹⁸Those who believe in him are not condemned; but those who do not believe are condemned already, because they have not believed in the name of the only Son of God. ¹⁹And this is the judgement, that the light has come into the world, and people loved darkness rather than light because their deeds were evil. ²⁰For all who do evil hate the light and do not come to the light, so that their deeds may not be exposed. ²¹But those who do what is true come to the light, so that it may be clearly seen that their deeds have been done in God.'

For the Gospel of the Lord,

praise to you Lord Jesus Christ.

The Sermon

The Nicene Creed

Let us affirm the faith of the church

We believe in one God, the Father, the almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate of the Holy Spirit and the virgin Mary and became truly human. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the

prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, ✠ and the life of the world to come. Amen.

Prayers of the People

In our prayers we remember those in need, particularly: Ros, Ben, Gage, Hugh, Sarah, Tien, Myrle, Marian, Margot, Dawn and David, those unable to gather with us, those in hospital, residential or home care and those from whom we are isolated.

We commend to God the recently departed, those whose anniversaries fall at this time: John Cousins (14 March 1994), Aileen MacDonnell (14 March 1999), Jean Parke (17 March 1987), Marjorie Wright (19 March 2002), Noel Barrett (19 March 1999), and all those whose memories are dear to us.

The Greeting of Peace

We are the body of Christ.

His Spirit is with us.

The peace of the Lord be always with you.

And also with you.

Offertory

Blessed are you, Lord, God of all creation.

Through your goodness we have this bread to offer,
which earth has given and human hands have made.

It will become the bread of life.

Blessed be God for ever.

Blessed are you, Lord, God of all creation.

Through your goodness we have this wine to offer,
fruit of the vine and work of human hands.

It will become our spiritual drink.

Blessed be God for ever.

The Great Thanksgiving

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

After the Preface:

**Holy, holy, holy Lord, God of power and might,
Heaven and earth and full of your glory.**

**Hosanna in the highest. Blessed is he who comes
in the name of the Lord. Hosanna in the highest.**

The Great Thanksgiving continues:

Great is the mystery of faith:

**When we eat this bread and drink this cup,
we proclaim your death, Lord Jesus,
until you come in glory.**

The Great Thanksgiving concludes:

...we worship you, Father eternal, in songs of never-ending praise:

Blessing and honour and glory and power are yours for ever and ever. Amen.

As our Saviour Christ has taught us, we are confident to pray,

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power, and the glory are yours now and for ever. Amen.

The Breaking of Bread and Communion

We break this bread to share in the body of Christ.

We who are many are one body,

for we all share in the one bread.

Jesus, Lamb of God, have mercy on us.

Jesus, bearer of our sins, have mercy on us.

Jesus, redeemer of the world, grant us your peace.

Jesus is the Lamb of God who takes away the sins of the world.

Happy are those who are called to his supper.

**Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.**

Communion Antiphon

Let them thank the Lord for his goodness:

and for the wonders that he does for the children of Adam;

Let them offer sacrifices of thanksgiving:

and tell what he has done with shouts of joy.

Psalm 107:21-22

A Prayer of Spiritual Communion

[When the clergy make their communion if you are watching from home you may like to privately make the following prayer. It was believed from earliest times that Christians could receive the benefits of Holy Communion even if they were unable to be present at the Eucharist. This teaching was of particular comfort to so-called Confessors of the Faith, who were imprisoned and deprived of access to the sacraments].

Jesus, you have given us in the Holy Eucharist
your Body and Blood to be our spiritual nourishment
through which we may have life everlasting.

I desire, with all my heart, to receive this living Bread
which came down from Heaven.

Send your Spirit upon me, come and refresh my soul.

That, whilst I may be isolated from your sacramental presence
and from your Body, gathered;

I may know the peace and joy of communion with you
and your body the Church, in my heart.

Increase my faith,

strengthen my hope,

kindle my love,

that I may die to self and live but for you. Amen.

[If you are interested in the history and the theology behind Spiritual Communion this YouTube clip is helpful.

<https://www.youtube.com/watch?v=9uBiqbTY7oA&feature=youtu.be>]

The Sending out of God's People

Let us pray:

Compassionate and loving God,

and have reconciled your people to yourself.

Following his example of fasting and prayer,

may we obey you with willing hearts

and serve one another in holy love.

Father, **we offer ourselves to you as a living sacrifice through Jesus Christ our Lord.**

Send us out in the power of your spirit to live and work to your praise and glory.

The Lord be with you.

And also with you.

Christ our Saviour draw you to himself that you find in him crucified a sure ground for faith, a firm support for hope, and the assurance of sin forgiven and the blessing of God almighty, the Father, ✠ the Son, and the Holy Spirit, be among you and remain with you always.

Amen.

Go in the peace of Christ.

Thanks be to God

For Reflection

The Cross has always been central to Christian faith. St Helena, the mother of Constantine, the Roman Emperor who embraced Christianity as the religion of the empire journeyed to the Holy Land where she established churches in Jerusalem and Bethlehem. Legend has it that she brought back to Rome some of the wood of the cross of Christ. Our celebrations on 14 September the Feast of Holy Cross echoes the attitude of Christian faith in Helena's 4th century. It is a very different attitude from the one we have taken for granted for many centuries. In the 4th century, the Cross was Christ's glorious trophy, carried by the Risen Lord as a symbol of his Paschal Mystery, his victory over all evil, even death itself. In the Middle Ages, however, as appreciation of the Paschal Mystery faded, the Cross became associated with the human sufferings of the Saviour. The familiar crucifix was seen as an invitation – as it certainly is – to repentance and conversion. It is important that the truths that inspired these two different views be brought together.

In the gospel reading from John, Jesus tells Nicodemus that 'the Son of Man must be lifted up', to open the way for humanity to eternal life with God. John's gospel describes the Cross with overtones of the coming triumph – 'When I am lifted up', Jesus declares at the Supper, 'I shall draw all things to myself' (Jn 12:32); Pilate's notice attached to the Cross proclaims Jesus as 'King'; the 'blood and water', so solemnly described flowing from his open side, are a life-giving flood for the human family. (The old story of the bronze serpent, remembered in the first reading, reminds us how close the origins of old Israel's remarkable faith were to the pagan practices around them. In fact this image was destroyed by the upright king Hezekiah [2 Kings 18:4].)

The great hymn in Paul's letter to the Philippians (2:5-11) rather says it all coming as it does to a glorious climax in the Paschal Mystery. In a few brief words, this hymn outlines the drama of Christ's life among us: an abasement that is transformed – through 'the glory of God the Father' – into an exaltation as Christ is recognised as 'Lord', sharing all things with the Father. In his abasement, Jesus 'emptied himself' – putting aside the expression of the divine greatness that was his by right. He shared our life and became the Servant of all. In the end, he humbled himself even more, dying the death of a condemned criminal. Suddenly the dramatic movement of the hymn is reversed, God the Father 'raises him high' to receive adoration and acclaim from the whole of creation.

It is crucial that our liturgy strikes this balance. Emphasis upon the Paschal Mystery as a triumph must never forget that the horror of the Cross was the pathway to glory. Emphasis upon the human sufferings of the Crucified One must not eclipse the glorious light of the Resurrection. And our gospel reading assures us that the Cross is not something demanded by an angry God (as many are tempted to think) but the expression of God's love – 'God loved the world so much that he gave his only Son', to be our 'way' from the darkened world we have made to the glory we are to share with him.

John Thornhill sm

News

Lent 2021

The Diocese in conjunction with Anglicare have produced a Lenten Study simply called **God of Compassion**. The study can be downloaded at the following link: <https://anglicancg.org.au/wp-content/uploads/compassion-lentenstudy-ebook.pdf> and can be used individually or in groups. If you would like a copy downloaded and printed for you please let Martin know.

On Tuesday mornings at 10am, we will gather and say a short office of Morning Prayer followed by reflection on the study.

Alternatively if you want to follow the Lenten readings for Year B Dr Colin Dundon has written some excellent reflections on the Lectionary. These have been loaded on our Website. Those of you who engaged with Colin's Lenten Course in Year C will, I'm sure, be keen to hear what he has to say about Mark's gospel and the other readings in the lectionary.

The ACT Chief Health Officer regularly updates information regarding interstate COVID19 outbreaks. The web site offers the latest information on restrictions and regulations. https://health.act.gov.au/sites/default/files/2021-02/COVID-19%20Advice%20for%20high%20risk%20settings_25022021.pdf [The latest guidance on this site dated 25 February is in the church foyer]. The situation however can evolve and change very quickly and we ask everyone coming to St Philip's to be aware of current restrictions and alerts.

ACT Health require all worshippers to use the **CBR APP** as they come into church. If you use a Smartphone can you please download the App and use the QR code as you enter. If you need assistance our Sidepeople/Welcomers can check you in

On Thursday 25 March, the Church celebrates the **Feast of the Annunciation**. The Eucharist will be celebrated as usual at 10am and will be followed by a Festive Morning Tea. I hope that you will come along to celebrate this significant day in the Calendar – *The Angel of the Lord brought tidings to Mary and she conceived by the Holy Spirit. Hail Mary full of grace the Lord is with you, blessed are you among women and blessed is the fruit of your womb Jesus.*

This year's sitting of the **Diocesan Synod** will take place on Saturday 10 April at Canberra Grammar School. The sitting has been reduced to one day and moved to Canberra to enable the Synod to meet under COVID SAFE guidelines.

Bridging the Gap – Breaking the Cycle. Each week St Philip's donates non-perishable food items to **St John's Care** in Reid. The baskets at the back of the church are ready to receive your donations! **School supplies continue to be much appreciated – these include: back packs, lunch boxes, drink bottles and pencil cases.** Also this week there is a need for school lunch snacks, cereals, biscuits, spreads and large tins of tuna. Thank you!

The Australian Centre for Christianity and Culture is hosting an exhibition of Icons by Michael Galovic. The exhibition will showcase selected examples of all the streams of art Michael has been cultivating over the last 30 years. This will be the first time all the pieces will be displayed together, providing a very rare if not unique collection of traditional icons, contemporary religious art, replicas of Renaissance art, a selected body of work on Uluru, and a selected body of work on the theme of Icarus. Such variety is unusual in the contemporary art world, where artists tend to specialise in a particular area.

Born in Belgrade, Yugoslavia, Michael Galovic is a graduate of the Belgrade Academy of Applied Arts in 1974. He began painting icons in early 1970 under the influence and guidance of his step-father, himself a painter, conservator, and restorer of old icons and frescos in Serbia. Following an international career in tourism and as an interpreter and translator, Michael moved to Australia in 1990 and resumed art and iconography as a full time profession.

Since then, his work has been exhibited in shows throughout Australia and the world and he has completed commissions for numerous private collectors, over one hundred churches and institutions such as colleges, universities, spiritual centres and libraries. All works will be available for sale.

The exhibition will be held in the chapel at the ACC&C in Blackall St Barton from 12-21 March. It will be open daily from 10.30am-3.30pm.

Parking is available.

The Canberra Refugee Action Campaign has received approval to hold its annual **Palm Sunday rally** in support of more compassionate policies towards refugees. The rally will be on Sunday 28

March, at 1pm in Garema Place in Civic. Speakers will include Roberta Hamilton (Anglican priest from Goulburn) and Jack Waterford (columnist and former editor of *The Canberra Times*).

March Anglican News is now out

https://stphilipsoconnor.org.au/news/anglicannews/angnews2021_02.pdf

See Martin if you'd like a printed copy

The Pandora's Summer Clearance is currently in full swing concluding on Saturday 20 March. All racks marked at half price, plus lots of \$2 bargains to be had. The Autumn Winter Launch will be held on Saturday 27 March.

**St Philip's
Lenten Quiet Day
20 March 2021
9.30am - 3.30pm.**

The Gathering Place
4 Bancroft Street, Dickson on Saturday

Gift of the Desert

The heart to one desire restore

Fr Martin Davies offers these Lenten reflections drawing on the wisdom of the 4th and 5th century Egyptian desert Fathers and Mothers, and its continuing presence through the monastic tradition.

The Christian experience of desert spirituality invites us into a simplified place of freedom from distraction. Even in the absence of a physical desert, this is a time and place where we can become free to face ourselves without the benefit of life's familiar securities and comforts. And we can learn to return there often. In Lent we become one with Christ in the desert. With the aid of others who have taken desert paths, we are invited into the restorative purification of the desert, and to open ourselves to its gift.

We'll begin with Morning Tea at 9.30am and break for a BYO Lunch. Tea and Coffee will be provided. You may wish to bring a mat or fold up chair to enjoy the garden. Parking is available. The day will conclude with Afternoon Tea at 3.30pm.

To book in <https://forms.gle/tu1wge5fKCK6Lwu27>

This week @ St Philip's

Today	<i>Fourth Sunday in Lent</i>
8am	Eucharist - Livestreamed
10am	Eucharist with Music
Tuesday 16 March	<i>Feria in Lent</i>
10am	Morning Prayer & Lenten Study
2pm	Eucharist - Sir Leslie Morshead Manor
Wednesday 17 March	<i>Patrick, bishop, missionary to Ireland (d.461)</i>
7pm	Parish Council
Thursday 18 March	<i>Cyril of Jerusalem, bishop & teacher (d.386)</i>
10am	Eucharist
Friday 19 March	<i>Joseph, husband of the Blessed Virgin Mary</i>
7pm	Youth Group
Saturday 20 March	<i>Cuthbert of Lindisfarne, bishop & missionary (d.687)</i>
9.30am - 3.30pm	Parish Lenten Quiet Day
10am - 1pm	Pandora's Summer Clearance continues
11am	Kankinya
Sunday 21 March	<i>Fifth Sunday in Lent</i>
8am	Eucharist - Livestreamed
10am	Eucharist with Music

Dates for your Diary

Annunciation – Thursday 25 March, Eucharist & Festive Morning Tea 10am

Pre-Easter Working Bee – Saturday 27 March, 9am-11am

Pandora’s Autumn-Winter Launch - Saturday 27 March, 10am-1pm

Good Friday – 2 April

Easter Sunday – 4 April

Diocesan Synod – Saturday 10 April, Canberra Grammar School

Next Sunday – Fifth Sunday in Lent (21 March 2021)

Readings: Jeremiah 31:31-34. Ps 119:9-16. Hebrews 5:5-14. John 12:20-33

Roster

		14-Mar-21	21-Mar-21	28-Mar-21
	Sunday of Month	2nd	3rd	4th
	Liturgical Season	4th Sunday in Lent	5th Sunday in Lent	Palm Sunday
	Flowers	<i>nil</i>	<i>nil</i>	Palms
8am	Celebrant	Rev'd Martin	Rev'd Martin	Rev'd Martin
	Preacher (if different to Celebrant)		Rev'd Canon Scott	
	Sidespeople & Welcomer	Alison & Alistair	Vicki L & helpers	Tim & Shane
	Liturgical Assistant	Ellie P	Lisa C	Brian McK
	1st Bible reader - OT	Alistair	Rebecca P	Julianne S
	2nd Bible reader - NT	Alison	Brian McK	Shane W
10am	Celebrant	Rev'd Martin	Rev'd Canon Scott	Rev'd Martin
	Preacher (if different to Celebrant)			
	Sidespeople & Welcomer	Helen & Hardy P & Laura W	Janene B, Jeannette Mch & Richard G	Fred A, Sally A & helper
	Liturgical Assistant	Rebecca K		Philippa W
	Musician(s) & Singers/Soloist	Colin F	Colin F	Colin F
	1st Bible reader - OT	Colin D	David R	Denise M
	2nd Bible reader - NT	Fred Anchell	Jeanett Dundon-Tunks	Kerry-Anne C
	Morning Tea	Janene B	Jan G	Ann M
	Additional details/notes		<i>Lenten Quiet Day - Sat 20 – see News section</i>	<i>Pre-Easter Working bee - Sat 27 9am -11am</i>