



The Tenth Sunday after Pentecost

6 August 2023

Welcome to St Philip's

We acknowledge the Ngambri and Ngunnawal people, the Traditional Custodians of the land on which we worship, and pay our respects to their Elders past and present and emerging. We extend that respect to Aboriginal and Torres Strait Islander peoples who worship with us.

St Philip's COVIDSafe Plan We are asking folk not attend church if they feel unwell, to be aware of their hand hygiene and to be mindful of social distance. Thank you. Masks are available for those who wish to wear one

Pew sheet & Order of Service: the full Pew sheet with more news and reflections is available on our **website**. The QR code in the pews will direct you to the current edition, please use your phone/tablet and follow along. Service cards, Pew Bibles and Prayer Books are also available.

Offertory: at the 'offertory' our gifts are brought forward, an opportunity for you to make your contribution. A self-serve EFTPOS machine is available in the foyer. St Philip's EFT details are also available if you would like to make a direct transfer or support us through a regular transfer: 702-389 05202512. Giving cards are in the foyer if you wish to place something in the offertory bag after giving electronically.

Communion: if you are baptised you are welcome to receive communion. If you would like to receive a blessing, please cross your hands on your chest as you come forward.

To volunteer as a reader, sidesperson, welcomer or another role on the Roster then please email rosters@stphilipsoconnor.org.au

Flowers: The flowers today are in memory of Dorothy Ayrton and John Dimmick, Judy Linbeck's Mother and Father.



From the Rector

Dear Friends

The movie 'Oppenheimer' has recently been released, charting the beginning of the atomic age. The release of the film and events in the Russian-Ukraine War have once again reminded us of the awful spectre of nuclear conflict.

J. Robert Oppenheimer, director of the Los Alamos nuclear scientists and a savant of Eastern religion, reflected on passages from the Bhagavad-Gita, the sacred Hindu epic:

If the radiance of a thousand suns
Were to burst into the sky,
That would be like
The splendor of the Mighty One ...

As the sinister mushroom cloud rose in the distance, Oppenheimer was reminded of another line from the Gita: "I am become Death, the shatterer of worlds."

Today is the anniversary of the dropping of the atomic bomb on the Japanese city of Hiroshima, an event which changed the world. In years past the Church has celebrated the Transfiguration on this day and we have reflected on 'the radiance of a thousand suns' in the vision of the Transfigured Jesus. But it is a very different vision to that of the Gita; Jesus is the bringer of life.

During the week we will be celebrating the lives of two remarkable women of the 20th century, Mary (MacKillop) of the Cross the cofounder of the Josephite Sisters (the Joeys) and Mary Sumner, the founder of the Mother's Union. MU today is made up of hundreds of individual Mothers' Union charities spread across 84 countries. Mothers' Union is unique in that members work together to solve challenges in their local communities. By helping to restore and strengthen relationships in families and communities, the movement gives a sense of belonging and acceptance to the stigmatised and vulnerable.

It is in the lives and witness of these women and the organisations they founded that we can find an important response to the violence, abuse and war that so mar our world today. We may feel helpless in the face of overwhelming power, but as we hear today's gospel passage we are reminded of Jesus' power in the simple offering of rest and hospitality, this is where true peace is found.

Blessings to you all, *Martin*

Eucharist for the Tenth Sunday after Pentecost

Introit Hymn 799 (Songs of Grace) (10am)

Lord, for the years your love has kept and guided,
urged and inspired us, cheered us on our way,
sought us and saved us, pardoned and provided:
Lord of the years, we bring our thanks today.

Lord, for that word, the word of life which fires us,
speaks to our hearts and sets our souls ablaze,
teaches and trains, rebukes us and inspires us:
Lord of the word, receive Your people's praise.

Lord, for our land in this our generation,
spirits oppressed by pleasure, wealth and care:
for young and old, for commonwealth and nation,
Lord of our land, be pleased to hear our prayer.

Lord for our world when we disown and doubt him,
loveless in strength, and comfortless in pain,
hungry and helpless, lost indeed without him:
Lord of the world, we pray that Christ may reign.

Lord for ourselves; in living power remake us -
self on the cross and Christ upon the throne,
past put behind us, for the future take us:
Lord of our lives, to live for Christ alone.

Timothy Dudley-Smith 1926-

Entrance Antiphon

The Lord is near to all who call on him in truth. He fulfils the desire of all that fear him, hears their cry, and saves them.

Psalm 145:18-19

In the name of the Father ✠ and of the Son and of the Holy Spirit.

Amen.

The Lord be with you.

And also with you.

Let us pray:

**Almighty God, to whom all hearts are open, all desires known,
and from whom no secrets are hidden: cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit, that we may perfectly love you,
and worthily magnify your holy name, through Christ our Lord. Amen.**

God is steadfast in love and infinite in mercy,
welcoming sinners and inviting them to the Lord's table.
Let us confess our sins in penitence and faith, confident in God's forgiveness.

Lord Jesus, you raise us to new life:

Lord, have mercy.

Lord, have mercy.

Lord Jesus, you forgive our sins:

Christ, have mercy.

Christ, have mercy.

Lord Jesus, you feed us with your body and blood:

Lord, have mercy.

Lord, have mercy.

Almighty God, who has promised forgiveness to all who turn to him in faith:
pardon you ✠ and set you free from all your sins,
strengthen you in all goodness and keep you in eternal life,
through Jesus Christ our Lord.

Amen.

Gloria

**Glory to God in the highest, and peace to God's people on earth.
Lord God, heavenly King, almighty God and father,
we worship you, we give you thanks, we praise you for your glory.
Lord Jesus Christ, only son of the father, Lord God, Lamb of God,
you take away the sin of the world: have mercy on us;
you are seated at the righthand of the Father: receive our prayer.
For you alone are the Holy One, you alone are the Lord,
you alone are the Most High Jesus Christ, with the Holy Spirit,
in the glory of God the Father. Amen.**

Prayer of the Day

Let us pray: O God, giver of life and health, whose Son Jesus Christ has called us to hunger and thirst for justice: refresh us with your grace, that we may not be weary in well-doing, for the sake of him who meets all our needs Jesus Christ our Saviour; who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

Today's Readings

A reading from the book of the prophet Isaiah (55:1-5)

Ho, everyone who thirsts,

come to the waters;

and you that have no money,

come, buy and eat!

Come, buy wine and milk

without money and without price.

² Why do you spend your money for that which is not bread,

and your labour for that which does not satisfy?

Listen carefully to me, and eat what is good,

and delight yourselves in rich food.

³ Incline your ear, and come to me;

listen, so that you may live.

I will make with you an everlasting covenant,

my steadfast, sure love for David.

⁴ See, I made him a witness to the peoples,

a leader and commander for the peoples.

⁵ See, you shall call nations that you do not know,

and nations that do not know you shall run to you,

because of the Lord your God, the Holy One of Israel,

for he has glorified you.

For the word of the Lord.

Thanks be to God.

Psalm 145:8-9, 14-21

The Lord is gracious and compassionate:

slow to anger and of great goodness.

The Lord is loving to every one of us:

and his mercy is over all his works.

The Lord upholds all those who stumble:

and raises up those that are bowed down.

The eyes of all look to you in hope:

and you give them their food in due season;

You open wide your hand:

and fill all things living with your bounteous gift.

The Lord is just in all his ways:

and faithful in all his dealings.

The Lord is near to all who call upon him:

to all who call upon him in truth.

He will fulfil the desire of those that fear him:

he will hear their cry, and save them.

The Lord preserves all those that love him:

but the wicked he will utterly destroy.

My mouth shall speak the praises of the Lord:

and let all flesh bless his holy name, for ever and ever.

A reading from the letter of Paul to the Romans (8:26-39)

I am speaking the truth in Christ—I am not lying; my conscience confirms it by the Holy Spirit—²I

have great sorrow and unceasing anguish in my heart. ³For I could wish that I myself were

accursed and cut off from Christ for the sake of my own people, my kindred according to the

flesh. ⁴They are Israelites, and to them belong the adoption, the glory, the covenants, the giving of

the law, the worship, and the promises; ⁵to them belong the patriarchs, and from them, according

to the flesh, comes the Messiah, who is over all, God blessed for ever. Amen.

⁶ It is not as though the word of God had failed. For not all Israelites truly belong to Israel, ⁷and not

all of Abraham's children are his true descendants; but 'It is through Isaac that descendants shall

be named after you.'⁸ This means that it is not the children of the flesh who are the children of God,

but the children of the promise are counted as descendants.

For the word of the Lord.

Thanks be to God.

Gradual hymn (10am)

Word of the Father, source of all things living,
Word once made flesh, our true and only Saviour,
Grow in our hearts, O seed of heavens harvest,
Jesus, Redeemer

Gospel from heaven, living Word incarnate,
Open our minds, Lord, teach us your true wisdom;
Lamp to our footsteps, scatter all our darkness,
Day-star of glory.

Lord of the faithful, guide us on our journey;
Pilgrims, we hunger for the life of heaven;
Jesus our manna, feed us with your goodness,
Here and hereafter.

GB Timms 1910-1997

Gradual (8am)

Alleluia,

Alleluia!

Incline your ear, and come to me; listen, so that you may live.

Isaiah 55:3

Alleluia!

The Lord be with you.

And also with you.

Hear the Gospel of our Lord Jesus Christ according to Matthew (14:13-21)

Glory to you Lord Jesus Christ.

Now when Jesus heard this, he withdrew from there in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. ¹⁴When he went ashore, he saw a great crowd; and he had compassion for them and cured their sick. ¹⁵When it was evening, the disciples came to him and said, 'This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves.' ¹⁶Jesus said to them, 'They need not go away; you give them something to eat.' ¹⁷They replied, 'We have nothing here but five loaves and two fish.' ¹⁸And he said, 'Bring them here to me.' ¹⁹Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds. ²⁰And all ate and were filled; and they took up what was left over of the broken pieces, twelve baskets full. ²¹And those who ate were about five thousand men, besides women and children.

For the Gospel of the Lord.

Praise to you Lord Jesus Christ

The Sermon

The Nicene Creed

We believe in one God, the Father, the almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made.

For us and for our salvation he came down from heaven, was incarnate of the Holy Spirit and the virgin Mary and became truly human.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead and his kingdom will

have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead ✕ and the life of the world to come. Amen.

Prayers of the People

In our prayers we remember all in need, particularly: Ben, Hugh, Sarah, David, Otto, Bob, Noel, Deborah, Sue, Molly, Katherine, Matt, Wendy, David & Margot, those unable to gather with us, those in hospital or care.

We commend to God the recently departed, those whose year's mind falls at this time: Mary Reid (6/8/1994), Toby Grahame (6/8/2012), Michael Sawer (8/8/2014), Marilyn Brewin (10/8/2021), the victims of war, disease and tragedy, those whose memories are dear to us and those remembered only by God.

The Greeting of Peace

Christ has reconciled us to God in one body by the cross.

We meet in his name and share his peace.

The peace of the Lord be always with you.

And also with you.

Let us offer one another a sign of Peace

Offertory Hymn 137 (TiS) (10am)

For the beauty of the earth,
for the beauty of the skies,
for the love which from our birth
over and around us lies,

*Refrain: Christ, our God, to you we raise
this our sacrifice of praise.*

For the beauty of each hour
of the day and of the night,
hill and vale, and tree and flower,
sun and moon and stars of light, *[Refrain]*

For the joy of ear and eye,
for the heart and mind's delight,
for the mystic harmony
linking sense to sound and sight, *[Refrain]*

For the joy of human love,
brother, sister, parent, child,
friends on earth and friends above,
for all gentle thoughts and mild, *[Refrain]*

For each perfect gift divine
to our race so freely given,
graces all of your design,
flowers of earth and buds of heaven, *[Refrain]*

For the church that evermore,
lifting holy hands above,
offers up on every shore
the pure sacrifice of love, *[Refrain]*

Folliott Sandford Pierpoint 1835-1917

Blessed are you, Lord God of all creation;
you bring forth bread from the earth.

Blessed be God for ever.

Blessed are you, Lord God of all creation;
you create the fruit of the vine.

Blessed be God for ever.

God our sustainer,
receive the gifts we bring before you,
and feed us continually with that bread
which satisfies all hunger,
your Son our Saviour Jesus Christ.

Amen.

The Great Thanksgiving

The Lord be with you

And also with you

Lift up your hearts

We lift them to the Lord

Let us give thanks to the Lord our God

It is right to give our thanks and praise.

All glory and honour be yours always and everywhere,
mighty Creator, everliving God.

We give you thanks and praise for our Saviour Jesus Christ,
who by the power of your Spirit was born of Mary
and lived as one of us.

By his death on the cross
and rising to new life,
he offered the one true sacrifice for sin
and obtained an eternal deliverance for his people.

Therefore with angels and archangels,
and with all the company of heaven,
we proclaim your great and glorious name,
for ever praising you and saying:

**Holy, holy, holy Lord, God of power and might,
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes ✕ in the name of the Lord.
Hosanna in the highest.**

Merciful God, we thank you
for these gifts of your creation,
this bread and wine,
and we pray that by your Word and Holy Spirit,
we who eat and drink them
may be partakers of Christ's body and blood.

On the night he was betrayed Jesus took bread;
and when he had given you thanks
he broke it, and gave it to his disciples, saying,
'Take, eat. This is my body given for you.
Do this in remembrance of me.'

After supper, he took the cup,
and again giving you thanks
he gave it to his disciples, saying,

'Drink from this, all of you.
This is my blood of the new covenant
shed for you and for many
for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.'

Let us proclaim the mystery of faith:

**When we eat this bread and drink this cup,
we proclaim your death, Lord Jesus,
until you come in glory.**

Therefore we do as our Saviour has commanded:

proclaiming his offering of himself
made once for all upon the cross,
his mighty resurrection and glorious ascension,
and looking for his coming again,
we celebrate, with this bread and this cup,
his one perfect and sufficient sacrifice
for the sins of the whole world.

Renew us by your Holy Spirit,

unite us in the body of your Son,
and bring us with all your people
into the joy of your eternal kingdom;
through Jesus Christ our Lord,
with whom, and in whom,
in the fellowship of the Holy Spirit,
we worship you, Father,
in songs of never-ending praise:

**Blessing and honour and glory and power
are yours for ever and ever. Amen.**

As our Saviour Christ has taught us, we are confident to pray,

**Our Father in heaven, hallowed be your name, your kingdom come, your will be
done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins as we forgive those who sin against us.
Save us from the time of trial and deliver us from evil.
For the kingdom, the power, and the glory are yours now and for ever. Amen.**

The breaking of bread and communion

We break this bread to share in the body of Christ. We who are many are one body.

For we all share in the one bread.

**Jesus Lamb of God, have mercy on us.
Jesus, bearer of our sins, have mercy on us.
Jesus redeemer of the world, grant us your peace.**

The gifts of God for the people of God.
Come let us take this holy sacrament
of the body and blood of Christ in remembrance that he died for us,
and feed on him in our hearts by faith with thanksgiving.

Communion Antiphon

**Ho, everyone who thirsts, come to the waters;
and you that have no money, come, buy and eat!**

Isaiah 55:1

The sending out of God's people

Let us pray:

Gracious God, we thank you that in this sacrament you assure us of your goodness and love.

Accept our sacrifice of praise and thanksgiving and help us to grow in love and obedience that we may serve you in the world and finally be brought to that table where all your saints feast with you for ever.

Most loving God,

you send us into the world you love. Give us grace to go thankfully and with courage in the power of your Spirit.

The Lord be with you.

And also with you.

The peace of God, which passes all understanding
keep your hearts and minds in the knowledge and love of God,
and of his Son, Jesus Christ our Lord;
and the blessing of God Almighty ✕ the Father ✕ the Son
and the Holy Spirit, be among you, and remain with you always.

Amen.

Go in the peace of Christ.

Thanks be to God.

Recessional hymn 569(TiS) (10am)

Guide me, O thou great Redeemer,
pilgrim through this barren land;
I am weak, but thou art mighty;
hold me with thy powerful hand:
bread of heaven, bread of heaven,
feed me now and evermore,
feed me now and evermore.

Open now the crystal fountain
whence the living waters flow:
let the fiery, cloudy pillar
lead me all my journey through:
strong deliverer, strong deliverer,
be thou still my strength and shield,
be thou still my strength and shield.

When I tread the verge of Jordan
bid my anxious fears subside:
death of death, and hell's destruction,
land me safe on Canaan's side:
songs of praises, songs of praises
I will ever give to thee,
I will ever give to thee.

William Williams 1717-91

Reflection

The multiplication of the loaves is one of the more difficult miracles of Jesus to account for in terms of what might have 'really happened.' The quest to find out is fruitless since we simply have not got sufficient information to determine with any confidence what might lie behind the tradition in all the forms in which it appears across all four gospels. The multiple accounts point to the importance of this story in early Christianity. It is on this that we should focus.

Central to that significance is the way in which Jesus anticipates the eucharistic gestures: taking, blessing, breaking and giving. The evangelist expects that the readers familiar with the eucharistic celebration will understand when they participate in that rite they are enjoying the same divine hospitality the Galilean crowds experienced in this 'lonely place' from Jesus, and experiencing it in the same extravagant degree. Far from having to go off and 'buy' anything, they not only ate but 'were filled.' The fact that the leftover fragments were sufficient to fill twelve baskets highlights the divine abundance.

The miraculous feeding makes clear that the essence of what God wants to do for humanity is

simply to be a generous host at the banquet of the kingdom. At the same time, since it depicts people being fed with real food it is also sacramental in the sense of bearing directly upon the problem of hunger still affecting so large a proportion of the world. The Lord who looked upon the large crowd and took pity on them is now the Lord of the Church. When the Church celebrates the Eucharist the same Lord is present in the community, instructing its leaders as he instructed the disciples, 'give them something to eat yourselves.' The Eucharist will never be complete so long as people still go hungry in our world.

Brendan Byrne SJ

From: Lifting the Burden – reading Matthew's gospel in the Church today.

News

Pandora's news! Thank you to all who supported us last weekend - volunteers, parishioners and friends. It was a very successful event with regular customers in evidence as well as new faces. We raised \$1600 which will be distributed to our mission and outreach projects. Thank you Fiona and Valerie for the delicious punch, Barbara the yummy mince pies, and Ann and Fiona who charmingly dispensed refreshments - also thanks to those who were there to set up (thank you Liz and Susan), and those including Helen, Meredith, Sally and Susan who manned the tills and generally held the fort and others including Karuna, Pauline, Jeannette DT and Jeannette McHugh, Fred and Leighton who came to support us and add to the fun. Russell, Margaret and Rhonda looked after the book stall which also added to the great atmosphere. Pandora's is open on Saturdays 10am to 1pm.

Kerry-Anne

The Parish Council meets this week. Next Sunday we can report on the ongoing work on the Hall, which houses the Kinder, as we prepare for remediation work following termite infestation and the financial implications for the parish.

Many thanks for your ongoing support of **St John's Care**, demand is high at present. The following items are being requested for the pantry: Cup a soup, UHT full cream milk, powered milk, sanitary items, children's toothbrushes and toothpaste. The website: <https://www.stjohnscare.org.au/> provides more information on how we can help. Pandora's is continuing to support this important community outreach and we have been joined in our endeavours by the St Philip's Kinder.

St Philip's Rosters We are always looking for volunteers to assist with the various rostered roles that support our worship services. We need more assistance in the sanctuary, this can be any of the following roles: Liturgical assistant, Crucifer, Server and/or Communion Server. We are also looking for people who can operate the screen during a service, this is an easy job you can do from the pew! Training is available for any of the above tasks.

Parish Plan for 2023-2025. At the April Parish Council meeting the plan was adopted and will be integrated into our strategies and projects. As a reminder these five elements were seen as central to our ongoing life together: spiritual, worship, missional, community and financial. At each meeting we will be using one or more of these 'nudges' to guide our discussions. In the pew sheet there will be news and reflections on the projects that we are undertaking that align with our plan.

The updated **Parish Directory** is now available in hard or soft copy. If you would like a PDF copy (for your personal use only) please email or speak with Alison. If there are any updates required, please amend the copy marked as such in the front foyer of the church or let Alison know.

This week @ St Philip's

Today

8am

9am

10am

Tenth Sunday after Pentecost

Eucharist

Parish Breakfast

Eucharist with hymns (followed by morning tea)

Tuesday 8 August

*Dominic, priest and friar (d.1221) Mary of the Cross (MacKillop) (d.1909)
Co-founder Sisters of St. Joseph of the Sacred Heart.*

1.30-3.30pm

Pandora's Sorting & Preparation

Wednesday 9 August

Mary Sumner, founder of the Mother's Union (d.1921)

7pm

Parish Council

Thursday 10 August
10am

Laurence, deacon and martyr (d.258)
Eucharist (followed by morning tea)

Saturday 12 August
10am-1pm
11am

Feria
Pandora's
Eucharist - Canberra Aged Care

Sunday 13 August Eleventh Sunday after Pentecost

8am
9am
10am

Eucharist
Parish Breakfast
Eucharist with hymns (followed by morning tea)

Readings: 1 Kings 19:9-18, Psalm 85:8-13, Romans 10:4-15, Matthew 14:22-36

Rosters

		6-Aug-23	13-Aug-23	20-Aug-23	
Sunday of Month		1st	2nd	3rd	
Liturgical Season		10th Sunday after Pentecost	11th Sunday after Pentecost	12th Sunday after Pentecost	
Flowers		Flower team	Flower team	Flower team	
Celebrant		Rev'd Scott	Rev'd Martin	Rev'd Martin	
Preacher (if different to Celebrant)				Rev'd Scott	
Sidespeople		Margaret & Russell	Alison & Alistair	Rhonda & Susan	8am
Liturgical Assistant		Susan J (server)	Ellie P (Liturgical assistant)		
Audio Visual Operator					
1st Bible reader - OT		Margaret M	Alistair D	Rebecca P	
2nd Bible reader - NT		Russell M	Alison D	Julianne S	
Celebrant		Rev'd Martin	Rev'd Martin	Rev'd Scott	
Preacher (if different to Celebrant)		Rev'd Scott			
Sidespeople & Welcomer		Fred A & Janene B	Helen & Hardy	Jeannette M, Laura W	
Liturgical Assistant			Rebecca K (Lit assistant)	Rev'd Martin (Lit assistant)	10am
Audio Visual Operator					
Musician(s) & Singers/Soloist		Colin F	Colin F	Colin F	
1st Bible reader - OT		Kerry-Anne C	Laura W	Lyn P	
2nd Bible reader - NT		Richard G	Tim G	Ann M	
Morning Tea		Barbara G	Janene B	Liz D & Ann M	
<i>Additional details/notes</i>					

Dates for your Diary

Wednesday 9 August

7pm

Parish Council

Fri 8 - Sun 10 Sept

Diocesan Synod Canberra, Girls Grammar School

Sunday 1 October

ANU Choral Society concert @ St Philip's